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# Weekly Bulletin #287

April 12, 2008

## Living in Total Visibility: *Is it possible?*

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### Notes from Neale...

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My dear friends...

Last week in this space we were reviewing some of the writing in CWG-Book 2, specifically the sequence dealing with truth-telling. You will recall that I said that in this week's letter we would move on from there. And we will, right here in this letter. But before we do, may I take just a moment of your time and ask you to read the following?

I know that the messages of *Conversations with God* have changed the lives of many thousands of people, because I've received letters from them, telling me so.

Maybe you're one of them. Or maybe you haven't sent me a letter, but have absolutely had the experience of CwG impacting your life in a truly positive way. If that is "so" for you, I know that you, like me, want to do what you can to make this wonderful CwG message accessible to others.

Did you know that you can do that for fifty cents a day? And even less?

**\* For 50-cents a day you can help someone attend a *Conversations with God* spiritual renewal retreat on a full scholarship this year.**

**\* For 25-cents a day you can help us build our Providers Network, which puts people on the ground in cities, towns, and villages around the world, offering access to the material that has touched your life in such a positive way.**

**\* For 10-cents a day you can send a free book to someone who cannot afford it, through our Books-for-Friends Program.**

Even one penny a day will help put the life-renewing message of *Conversations with God* into the hands of one more person by supporting the writing and sending of our CwG Weekly Bulletin, which is sent for free to anyone who asks for it (currently, that's over 45,000 people).

Even in these difficult financial times (actually, *especially* in these challenging times, when people everywhere are *looking* for hope and inspiration!), we are asking if you might be an Angel in someone's life. Just like angels, you'll never be seen. But your work will be very apparent--and welcomed with such gratitude by someone's soul...

If you follow this link you'll be able to join with others all across the globe who are part of our Monthly Gifters' Program. We'll never be able to thank you enough. But your heart will. It will do so by *feeling just great*.

Now, getting back to that topic of seven days ago....here's where we "left off" last week...as you will recall, we were exploring an important excerpt from Book Two...

**I am intrigued by this concept of "visibility." Could it extend beyond monetary affairs? Might it be a watchword for our personal relationships as well?**

One would hope so.

**And yet it isn't.**

As a rule, no. Not yet on your planet. Most people still have too much to hide.

**Why? What's that about?**

In personal relationships (and in all relationships, really) it's about *loss*. It's about being afraid of what one might lose or fail to gain. Yet the best personal relationships, and certainly the best romantic ones, are relationships in which everyone knows everything; in which *visibility* is not only the watchword, but the *only word*; in which there simply are no secrets. In these relationships nothing is withheld, nothing is shaded or colored or hidden or disguised.

Nothing is left out or unspoken. There is no guesswork, there is no game playing; no one is "doing a dance," "running a number," or "shining you on."

**But if everyone knew everything we were thinking—**

Hold it. This isn't about having no mental privacy, no safe space in which to move through your personal process. That's not what I'm talking about here.

This is about simply being open and honest in your dealings with another. This is about simply telling the truth when you speak, and about withholding no truth when you know it should be spoken. This is about never again lying, or shading, or verbally or mentally manipulating, or twisting your truth into the hundred and one other contortions which typify the largest number of human communications.

This is about coming clean, telling it like it is, giving it to them straight. This is about ensuring that all individuals have all the data and know everything they need to know on a subject. This is about fairness and openness and, well . . . *visibility*.

Yet this does not mean that every single thought, every private fear, every darkest memory, every fleeting judgment, opinion, or reaction must be placed on the table for discussion and examination.

That is not visibility, that is insanity, and it will make you crazy. We are talking here about simple, direct, straightforward, open, honest, complete communication. Yet even at that, it is a striking concept, and a little-used one.

**You can say that again.**

I am fascinated by all this, and I am experiencing living this way in my life now. It is going to be very, very interesting to see this work.

And how about you? Are you living a transparent life with your Beloved? With the folks at your work?

Love and Hugs,

**Neale.**

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**Memo from Marion...**

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Hello Dear Friends:

Dear Friends:

This week I find myself full of feelings of gratitude. I'd love to tell you that I feel this way most of the time, but alas that would not be a truth.

Even though the Foundation has fallen on a few financially difficult weeks, even though my new husband is out of town working far more than he is home with me, even though my children are having their difficulties, and there are many changes happening in my life – I find that a sense of deep gratitude and appreciation seems to fill my heart.

It would be great if I had some meaningful wisdom to offer as to what these feelings of abundance are attributable to, but a few musings are all I have.

I think the more we play with the CWG material, metaphysics and universal law in our lives, while there are certainly tough places along the way, what may happen is that we hit places where we get a breather and where all our persistence and hard work (self actualization is hard work – trust me) pay off, and one hits a plateau of appreciation and even a sense of wonder.

I think what I'm experiencing is also enhanced by the arrival of spring and all the new life that abounds here in Southern Oregon. It's just overwhelmingly beautiful and fresh.

I'm also pondering how easy it is to feel grateful when things are "feelin' good," but when things aren't so great it's so easy to forget all we have to feel good and abundant about.

I find myself often speaking to people and emailing them regarding questions and ideas around abundance. For the most part, the people I interact with come to me with the basic understanding that abundance and such has to do with material stuff and money and wealth.

For me that's not what abundance or wealth is. In my life, I've had periods of tremendous monetary wealth. I had the opportunity to live the life of buying whatever I wanted when I wanted it and going wherever I wanted when the mood struck me. I was the model "material girl" and it was good.

I've also had the experience of having very, very little. There've been times when I could scarcely afford food, or a place to live. These were hard times, but they weren't necessarily bad times. I spent one Christmas in prison and to this day it holds its place in my memories as the most beautiful, meaningful Christmas I've ever had, even though the only gift I and my fellow inmates each received was a single pair of white socks. It was a Christmas of spirit and heart and deeply felt abundance, though sad at the same time.

Having this broad contextual field of experience – the black and the white of it, if you will – has taught me that one can adopt an attitude of gratitude in any given circumstance.

Furthermore, I've come to deeply understand that abundance is a state of beingness that truly has very little to do with one's material or financial position in the world. Yet I believe that it is this feeling of abundance – no matter what your earthly state – it's the beingness of it that will, in fact, bring to each of us true financial/material abundance in the earthly sense. That is, the feelings and the thoughts of abundance are what bring to us the experience of abundance...and you can't put the cart before the horse.

So I urge you each, even if you're in a place of hard times, to look around you – see all there is to be grateful for – all that God has given us for the taking, and try to embrace a feeling of your own abundance – for it is here where you will bring even more to you. It is here in our hearts and beingness, in our abundant love for one another, that true abundance and gratitude are so freely found.

Thanks for being here to travel this incredible path we call life with me – I'm so very grateful that each of you is here!

Love and Light,  
Marion Black  
Executive Director  
[marion@cwg.org](mailto:marion@cwg.org) or cell: 541-301-0365

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### **Best of the Blogs...**

Each week we present in this space the best from past entries on the worldwide CWG Blog. The blog can be accessed daily on the home page at [www.beliefnet.com](http://www.beliefnet.com).

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**Question:** I have read the CWG books 1-3, and the new book "Home with God." I am 24 years old and have been with my boyfriend for almost nine years. He is the love of my life, my best friend, and my most cherished gift in this life.

Several months ago, I started having these uncontrollable fears that he might somehow die. I started phoning him to make sure he was safe at school, and started worrying all the time about his safety. Up until this point, these worries about him dying, and leaving me here, have only seemed to get worse.

I now get images in my mind about terrible things happening to him, and I remember that God said in your books to try to get rid of negative feelings/thoughts immediately, and think of something else (because we create our realities through what we focus on). I try very hard to avert my thoughts, but I still have these fears and unwanted images coming into my mind. Also, I know that "what you resist, persists," so I have also tried accepting the images/thoughts, but I am still scared I will contribute to his death somehow.

I think my boyfriend's death would be my greatest challenge, and this is why I am so fearful of it - because if this is true, will I manifest it, as a test? I know that death is every soul's choice in a way, but my anxiety is not getting any better. I am thinking of increasing the anxiety medication I am already on, or maybe going to a therapist, because these fears are starting to take over my life. I know you are a very busy man, but I would appreciate it if you could give me an answer, and hopefully, some peace. Thank you for reading my note. Devon L.

**Neale's Response:** Dear Devon...Thanks for writing. It is good to share these kinds of things with others sometimes. It can help us get out of our head about it, if only for a little while.

The first thing I want to tell you is that what you are experiencing is not that unusual. I, too, have a loving and very, very special relationship with another. She is the love of my life, and I, too, have caught myself worrying about her having some kind of

accident or freaky illness or something, and dying. I've had these thoughts, and sometimes actual visions, more than once. The other day she went off on a day-trip to visit an old friend and the first thing I thought was, "Ohmygod, she's going to have a terrible accident! I'll never see her again!"

Really. I actually thought that. So the first thing I find myself wanting to tell you is...relax. You are not having a one-of-a-kind experience. I think it is very normal for people who are deeply in love to move into sudden fits of worry about their beloved. This seems to come in waves...one can go for years and never have a thought like this, and then, bam! A whole bunch of thoughts that you can't seem to get out of your head.

And, of course, it IS true that the more you try to stop thinking about it, the more you think about it. It's like trying to not think about a pink elephant. I was in a personal development class once about ten years ago and the group leader said to us, "Okay, everybody, now I want you to not think about a pink elephant." Of course, that was impossible. And so, too, will it be very difficult for you to keep these thoughts about your boyfriend dying out of your mind.

The harder you try, the more the thoughts will just keep coming. The trick is not to try to ERASE those thoughts...but rather, to add TO them...

What that means is to do this...every time you have a thought of your boyfriend dying, or see a vision of something terrible happening to him...add TO that vision by deliberately seeing a person walking up to your boyfriend and saying, "Okay, cut! That's it! PRINT IT!" Like a director in a movie. Then have the "director" say, "Okay, my friend, you can step out of the scene now. It's just fiction. It's not real. Step back into real life now."

THEN....give yourself a picture of your boyfriend being alive and well and continuing on with his life in a wonderful way....give yourself a picture of the two of you together..now, and in the near future...and even as elders who are "old and gray". Let yourself conjure up any image at all that contradicts the image of your boyfriend dying.

In this way you are adding to the data. You are not trying to erase it, but simply building onto it, to make the story END the way you want it to end.

Now, my friend, one final thing. You are not creating your boyfriend's reality. Sorry, but no one has the power to do that. You couldn't do that if you wanted to. So even if something DID happen to my wonderful lady, I would be very clear that my thoughts had nothing to do with it. All of us are independent spiritual beings, totally in control of our own reality. No one can control us from outside of ourselves, and no one can "think" us into a situation that we do not want to be in.

So if something really did happen to my wonderful life partner, I would know that she chose that, absolutely and completely, and I would honor her choice. I would feel sad, of course, but I would nevertheless honor her choice, and there is no way that I would take personal responsibility for it.

And what I make sure I do NOW is....I make sure that I celebrate, fully and completely, every single moment that I have with this person Right Here, Right Now. I don't let a minute go by with this person that is wasted. I don't let a day go by without saying "I love you!" And if I have thoughts of her death, I just take that as a normal part of the cycle of fearful thoughts that sometimes run through our minds when what we have right now is "too good to be true."

And when those thoughts come, I just ADD TO THEM whatever image I want to add, to make the "story" come out all right in the end. The nice thing about my thoughts is that I can add on to them anything that I want!

Isn't that great?

I always figure that God is on my side, and I have nothing to worry about. Even when "bad" things happen, I figure it's for my own good, and part of my soul's evolution, so I accept it, embrace it, keep loving life, and move on.

One more thing, Devon. God and the Universe know when you are thinking something that you want to come true and when you are thinking something that you do NOT want to come true. In other words, God knows not only the words and pictures, *but also the heart's intent.*

*Conversations with God* says that "life proceeds out of your intentions for it." If it is not your intention that your boyfriend die, then no matter how much you think about it, you cannot inadvertently "will him to die." So don't worry about it. Simply be clear about what your intention is. And my idea of "reversing the thought" by adding an opposite element to it is one sure way to instruct your mind as to your real and true intent.

Simple, yes?

Hope this has been of some help to you, my friend.

Finally, you might find it wonderful to read the latest book in the CwG cosmology, *Happier Than God*. It is all about attitude, and the Power of Personal Creation.

Have a great day!

Hugs...Neale.

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## **The Calendar**

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A look at events at which Neale Donald Walsch will share the message of *Conversations with God* in the weeks ahead. You can learn more about the work of the ReCreation Foundation at these events...and on its official website, [www.cwg.org](http://www.cwg.org), as well.

NOTE: Not all events are sponsored by the ReCreation Foundation.

**April 19, 2008**

Phoenix, Az

Happier than God One Day Workshop

Contact: Will: 352-442-2244

<http://www.nealedonaldwalsch.com/retreatphoenix.cfm>

<http://www.nealedonaldwalsch.com/contact.cfm>

**May 3-4, 2008**

**Infinity Foundation**

God and Me: A Journey to Holy Ground

Chicago, IL

Contact: 847-831-8828

[www.infinityfoundation.org](http://www.infinityfoundation.org)

**May 9-14, 2008**

Hollyhock Retreat Center

Cortes Island, BC

5-day Intensive Workshop

Contact: [registration@hollyhock.ca](mailto:registration@hollyhock.ca)

[www.hollyhock.ca](http://www.hollyhock.ca)

1-800-933-6339

**May 16-18, 2008**

Mexico City, Mexico

Workshop

Contact: [mariluf@expo-ser.com](mailto:mariluf@expo-ser.com)

**May 24-25, 2008**

Humanity's Team Oneness Summit

Buenos Aires, Argentina

[htargentina@gmail.com](mailto:htargentina@gmail.com)

[www.humanitysteam.com.ar](http://www.humanitysteam.com.ar)

+54 11 4783-3881

**May 31 - June 2, 2008**

Celebrate Your Life Event

Chicago, Illinois

[www.celebrateyourlife.com](http://www.celebrateyourlife.com)

**June 13 - 15, 2008**

Omega Institute - Rhinebeck, NY

Weekend Workshop

845-269-4444

**June 20-23, 2008**

Amsterdam, The Netherlands

Workshop  
Contact: Heart Events, 0031(0)306770859  
[www.heartevents.nl](http://www.heartevents.nl)

**July 12-19, 2008**

Holland America *Oosterdam*  
Alaskan Conversations with God Cruise  
Contact: **Ron Oyer's Life Journeys / Worldview Travel**  
**888-259-9191 ext. 1258 or 1260**  
Email: [snorth@worldviewtravel.com](mailto:snorth@worldviewtravel.com)  
(714) 619-8859 ext. 1258 or 1260  
FAX: (714) 619-3752

**August 9, 2008**

Marin Memorial Auditorium, San Rafael CA  
"Modern Mystics", Neale Donald Walsh and Jean Houston  
Golden Gate Center for Spiritual Living - 415-924-1494  
[www.ggcsf.org](http://www.ggcsf.org)

**September 20-22, 2008**

Findhorn, Scotland  
Workshop  
Contact: [conference@findhorn.org](mailto:conference@findhorn.org)  
+44 1309 691653

**September 26-28, 2008**

Munich, Germany  
Workshop  
[tickets@cultusanimi.de](mailto:tickets@cultusanimi.de)  
[www.cultusanimi.de](http://www.cultusanimi.de)  
+49 (0) 84 32.94 90 61

**September 30-October 6, 2008**

Clonmacnoise, Ireland  
Workshop  
Contact: [ericdilworth@eircom.net](mailto:ericdilworth@eircom.net)  
00 353 862565135

**October 31-November 2, 2008**

Copenhagen, Denmark  
Workshop  
Contact: [svend.trier@get2net.dk](mailto:svend.trier@get2net.dk)

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**NOTE:** If you would like to send a comment or a question to Neale here at the Weekly Bulletin, you may do so by addressing an email to:  
[weeklybulletinresponse@CwG.org](mailto:weeklybulletinresponse@CwG.org)

Please note that we do our best to see that all letters get a response, if not directly from Neale, then from a CwG Foundation staff person, or LEP participant.

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